

**Adults, Wellbeing and Health
Overview and Scrutiny Committee**

3 October 2019

**Quarter One 2019/20
Performance Management Report**



Report of Lorraine O'Donnell, Director of Transformation and Partnerships

Electoral division(s) affected:

Countywide.

Purpose of the Report

- 1 To present progress towards achieving the key outcomes of the council's corporate performance framework for the Altogether Healthier priority theme.

Performance Report for quarter one, 2019/20

- 2 The performance report for quarter one, 2019/20 is attached at Appendix 2. It is structured around a set of key questions aligned to the Altogether Healthier priority theme and includes the key performance messages from data available this quarter along with visual summaries and data tables for each key question.

Future Performance Reporting

- 3 As our current vision, which forms the basis of this performance report, is over nine years old and many of the original aims have been achieved, we are developing a new set of proposed ambitions that better reflect the needs and opportunities of County Durham. This new vision will be launched in the autumn and the format and content of this performance report will be modified to align to the new ambitions.

Executive summary

- 4 Health continues to be a challenging area. Inequality across the county and between County Durham and the rest of the country remains unacceptably high, in particular the difference in healthy life expectancy (19 years across the county). More than two in ten children starting primary school have excess weight, which increases to almost four in

ten at the start of secondary school, and further increases to almost seven in ten adults, which is higher than regional and national rates. Smoking prevalence appears to have stabilised at a lower level, where we are on par with the rest of the country, but tobacco dependency in pregnancy remains a concern with rates higher than both the national and regional averages and with geographical variation across the county. We are working with partners to address these challenges; running campaigns and initiatives that encourage people to quit smoking, reduce excess weight and improve oral health, supporting mothers in their communities and local businesses to be breastfeeding-friendly, helping organisations achieve the Better Health at Work Award and working with pharmacies to promote NHS health checks. We continue to perform extremely well in preventing delayed transfers of care and the latest survey of adult carers shows satisfaction across the county is higher than the England and North East averages.

Risk Management

- 5 Effective risk management is a vital component of the council's agenda. The council's risk management process sits alongside our change programme and is incorporated into all significant change and improvement projects.
- 6 There are no key risks in delivering the objectives of this theme.

Recommendation

- 7 That the Adults, Wellbeing and Health Overview and Scrutiny Committee considers the overall position and direction of travel in relation to quarter one performance, and the actions being taken to address areas of underperformance.

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Appendix 1: Implications

Legal Implications

Not applicable.

Finance

Latest performance information is being used to inform corporate, service and financial planning.

Consultation

Not applicable.

Equality and Diversity / Public Sector Equality Duty

Equality measures are monitored as part of the performance monitoring process.

Human Rights

Not applicable.

Crime and Disorder

A number of performance indicators and key actions relating to crime and disorder are continually monitored in partnership with Durham Constabulary.

Staffing

Performance against a number of relevant corporate health indicators has been included to monitor staffing issues.

Accommodation

Not applicable.

Risk

Reporting of significant risks and their interaction with performance is integrated into the quarterly performance management report.

Procurement

Not applicable.

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Altogether better



Durham County Council Performance Management Report

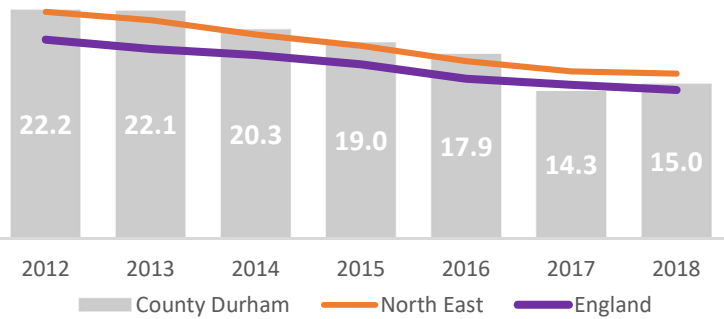
Quarter One, 2019/20



ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

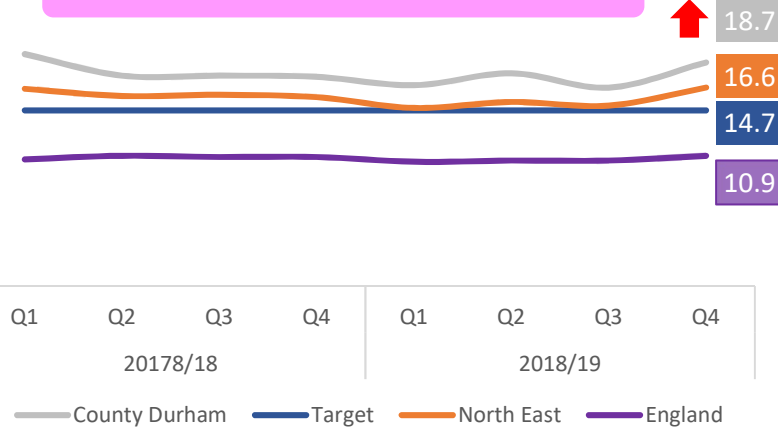
Smoking Prevalence – aged 18 and over



North East 16.0%
England 14.4%

29,000 fewer smokers than in 2012

Mothers Smoking at Time of Delivery

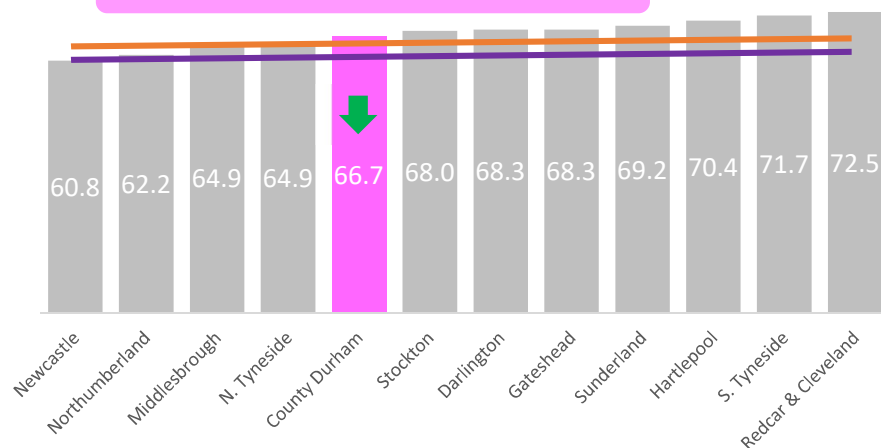


Mental Health

DCC participated in awareness week in May. Staff were encouraged to talk about mental health

More than **80** staff have signed up to become Time to Change Champions.

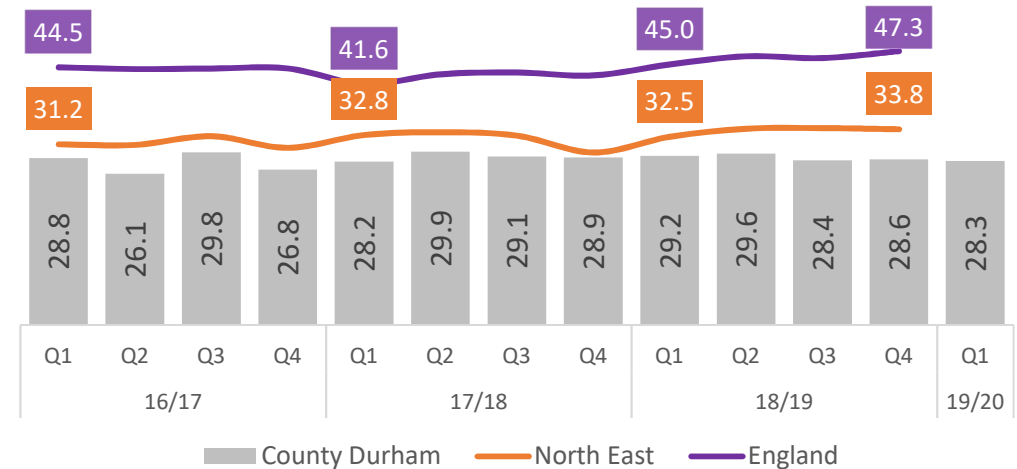
Excess weight in adults (2017/18)



North East 66.5%
England 62.0%

Almost seven in ten adults in County Durham have excess weight

Breastfeeding Prevalence at 6-8 weeks



Altogether Healthier

- 1 The priority theme of Altogether Healthier is structured around the following two key questions:
 - (a) Are our services improving the health of our residents?
 - (b) Are people needing adult social care supported to live safe, healthy and independent lives?

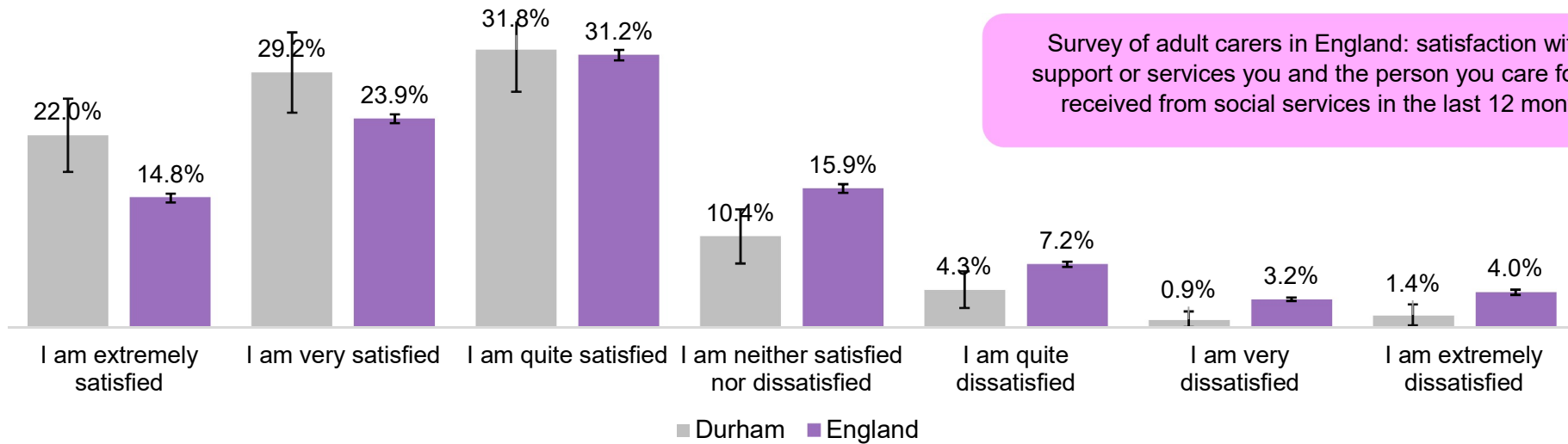
Are our services improving the health of our residents?

- 2 Since 2011 there has been a continued reduction in smoking prevalence across County Durham. However, the latest data ([Tobacco Control Profiles](#)) shows a slight increase in the prevalence rate. As the rate is calculated from a sample survey and remains within the estimated confidence intervals (+/-2.3), we do not believe this increase is significant but rather due to random sample variation. We will continue to closely monitor the data.
- 3 The government plans to eradicate smoking in England by 2030 by cracking down on the industry and pledging to help smokers quit or move to reduced risk products like e-cigarettes. In the meantime, [Stop Smoking Services](#) continue with various activities to reduce smoking. Campaigns such as the Fresh [Quit16](#) which highlights that smoking causes 16 types of cancer, and the [Take Seven Steps](#) campaign to reduce exposure to second-hand smoke, are included in training sessions for midwives, health visitors and other children and family's workforce.
- 4 Reducing smoking in pregnancy remains a major priority. Not only are our smoking at time of delivery (SATOD) rates higher than both regional and national rates, there is wide geographical variation across the county. Sedgefield locality has the highest SATOD rate (20.6%) and Durham City the lowest (13.1%). Furthermore, analysis (pooled for the period 2014/15-2016/17) shows a clear social gradient across the county for SATOD. It is higher in the most deprived areas. We have identified those areas where SATOD is at least 20% higher than the average rate for the county to inform commissioners of where need is greatest and where resources should be targeted.
- 5 We also used this analysis to develop a three-year plan, for the County Durham Tobacco Dependency in Pregnancy steering group, with an overarching aim to reduce tobacco dependency in pregnancy to 6% or less by 2022. We are developing a 12-month action plan which includes a place based pilot in Shildon where Stop Smoking Services will be present at midwife clinics.
- 6 Latest provisional data shows that breastfeeding prevalence within County Durham remains lower than both national and North East averages. It has remained consistently under 30% for a number of years and is lower than national and regional data

- 7 As at the end of June, 155 businesses had signed up to our Breastfeeding Friendly scheme. Beamish Museum and East Durham College have received training and are now fully accredited. Training is also being discussed with our local Fire and Rescue Service and both of our Clinical Commissioning Groups to ensure a positive environment for staff returning from maternity leave. We are hoping Dalton Park Shopping Centre will become the first breastfeeding friendly shopping centre in the county. Plans are underway for a Big Latch On event in Dalton Park and Wharton Park in August 2019.
- 8 During Mental Health Awareness Week in May, we encouraged our staff to hold conversations about mental health, and more than 80 colleagues agreed to become Time to Change (TTC) champions, actively tackling stigma and discrimination in the workplace and promoting good mental health.
- 9 During quarter one, we supported 63 organisations across the county to achieve the North East Better Health at Work Award. Organisations included Citizen's Advice, Durham Constabulary, DDES CCG, North Durham CCG, Hitachi, HM Passport Office and Northumbrian Water.
- 10 We are developing an 'approach to wellbeing' and held a stakeholder event to determine how the wellbeing approach can be incorporated into the commissioning of future services. The Wellbeing for Life service, supported by 40 trained health champions, has seen 888 clients on a one-to-one basis between April and June 2019.
- 11 The Joining the Dots project, providing support to adults with cancer, has now engaged with 252 clients: 147 clients with cancer, the remainder being carers, families or friends.
- 12 A review of the NHS Health Checks programme is underway to ensure clear pathways into lifestyle / behaviour change support are fully embedded. In addition, a pilot involving 22 pharmacies, held between February and August 2019, will identify irregular pulse and give brief advice and/or signpost to primary care. An evaluation of the scheme later in the year will determine if this is to be rolled out as part of the community element of the health checks programme.
- 13 We are reviewing the catering and vending offer inside leisure facilities and a trial (started May 2019) will offer a canned water only vending machine in Freeman's Quay Leisure Centre. This not only aligns to reducing single use plastic but also the sugar reduction agenda, as a mechanism to tackle obesity and poor oral health.

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?



196.7
adults aged 65+
per 100,000 population
admitted to residential
or nursing care on a
permanent basis
(Apr-Jun 19)

↓ compared to last
year (199.5)

87.2%
of patients discharged into
reablement/ rehabilitation
services still at home after
91 days
(Jan-Mar 19)

↑ compared to last
year (85.9)

2.0
daily delayed transfers
of care, per 100,000
population
(May 2019)

better than national
(9.2) and regional
(5.9)

95.7%
of individuals achieved their
desired outcomes from the
adult safeguarding process
(Apr-Jun 19)

↓ compared to last
year (97.7)

Are people needing adult social care supported to live safe, healthy and independent lives?

- 14 The latest survey of adult carers in England shows 51% of carers in County Durham are either 'extremely' or 'very' satisfied with the support or services they and the person they care for have received from social services in the last 12 months. This is an improvement on the 43% in the last survey in 2016/17. The result is also statistically significantly better than the England average of 39%. In Durham, only 2.3% of carers were 'extremely' or 'very' dissatisfied with the support or services received. This is an improvement on the 6% in the 2016/17 survey and is also statistically significantly below the England average of 7%.
- 15 96% of individuals achieved their desired outcomes from the adult safeguarding process. Although a slight deterioration from 98% over the same period last year, it is an improvement on the end-of-year 2018/19 performance of 95%.
- 16 Targets for the following two Better Care Fund (BCF) indicators have not yet been set for 2019/20, as the national planning guidance was not released until 20 July 2019:
 - (a) 65+ permanent admissions to residential / nursing care
 - (b) the percentage of people still at home 91 days after discharge from hospital into reablement / rehabilitation services.
- 17 The BCF planning submission from the Health and Wellbeing Board is due by 27 September 2019, so provisional targets will be available at quarter two. National BCF reporting will now not take place for quarter one. Both indicators have improved compared to the same period in 2018/19
- 18 County Durham continues to perform extremely well in preventing delayed transfers of care. The data for May 2019 show that we recorded an average of 2.0 daily delayed transfers per 100,000 population, which is better than the England (9.2) and North East (5.9) averages.

Key Performance Indicators – Data Tables

There are two types of performance indicators throughout this document:

- (a) Key target indicators – targets are set as improvements can be measured regularly and can be actively influenced by the council and its partners; and
- (b) Key tracker indicators – performance is tracked but no targets are set as they are long-term and/or can only be partially influenced by the council and its partners.

A guide is available which provides full details of indicator definitions and data sources for the 2017/18 corporate indicator set. This is available to view either internally from the intranet or can be requested from the Strategy Team at performance@durham.gov.uk

KEY TO SYMBOLS

	Direction of travel	Benchmarking	Performance against target
GREEN	Same or better than comparable period	Same or better than comparable group	Meeting or exceeding target
AMBER	Worse than comparable period (within 2% tolerance)	Worse than comparable group (within 2% tolerance)	Performance within 2% of target
RED	Worse than comparable period (greater than 2%)	Worse than comparable group (greater than 2%)	Performance >2% behind target

National Benchmarking

We compare our performance to all English authorities. The number of authorities varies according to the performance indicator and functions of councils, for example educational attainment is compared to county and unitary councils however waste disposal is compared to district and unitary councils.

North East Benchmarking

The North East figure is the average performance from the authorities within the North East region, i.e. County Durham, Darlington, Gateshead, Hartlepool, Middlesbrough, Newcastle upon Tyne, North Tyneside, Northumberland, Redcar and Cleveland, Stockton-On-Tees, South Tyneside, Sunderland. The number of authorities also varies according to the performance indicator and functions of councils.

More detail is available from the Strategy Team at performance@durham.gov.uk

ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
69	% of mothers smoking at time of delivery	18.7*	Jan-Mar 2019	14.7	17.5	10.9*	16.6*			Yes
				RED	RED	RED	RED			
70	Four week smoking quitters per 100,000 smoking population [number of quitters]	N/a**	-	N/a	N/a					No
71	Male life expectancy at birth (years)	78.3	2015-17	Tracker	78.0	79.6	77.9			No
				N/a	GREEN	AMBER	GREEN			
72	Female life expectancy at birth (years)	81.4	2015-17	Tracker	81.3	83.1	81.6			No
				N/a	GREEN	RED	AMBER			
73	Female healthy life expectancy at birth (years)	58.7	2015-17	Tracker	59.0	63.8	60.4			No
				N/a	AMBER	RED	RED			
74	Male healthy life expectancy at birth (years)	58.9	2015-17	Tracker	59.1	63.4	59.5			No
				N/a	AMBER	RED	AMBER			
75	Excess weight in adults (Proportion of adults classified as overweight or obese)	66.7	2017/18	Tracker	67.7	62.0	66.5			Yes
				N/a	AMBER	RED	AMBER			
76	Suicide rate (deaths from suicide and injury of undetermined intent) per 100,000 population	12	2015-17	Tracker	12.6	9.6	10.8			No
				N/a	GREEN	RED	RED			
77	Prevalence of breastfeeding at 6-8 weeks from birth	28.3	Apr-Jun 2019	Tracker	29.2	47.3	33.8		Jan-Mar 2019	Yes
				N/a	RED	RED	RED			
78	Estimated smoking prevalence of persons aged 18 and over	15.0	2018	Tracker	14.3	14.4	16.0			Yes
				N/a	AMBER	AMBER	GREEN			

ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
79	Self-reported well-being - people with a low happiness score	8.9	2017/18	Tracker	6.9	8.2	9.1			No
				N/a	RED	AMBER	GREEN			
80	Participation in Sport and Physical Activity: active	58.5%	Nov 17- Nov 18	Tracker	63.1	62.6	58.8			No
				N/a	RED	RED	AMBER			
81	Participation in Sport and Physical Activity: inactive	29.9%	Nov 17- Nov 18	Tracker	25.3	25.1	29.5			No
				N/a	RED	RED	AMBER			

*provisional data

** quality of data being reviewed

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
82	Adults aged 65+ per 100,000 population admitted on a permanent basis in the year to residential or nursing care	196.7	Apr-Jun 2019	TBD	199.5					Yes
				N/a	GREEN					
83	% of older people who were still at home 91 days after discharge from hospital into reablement/ rehabilitation services	87.2	Jan-Mar 2019	TBD	85.9	82.9	83.9	81.8*	2017/18	Yes
				N/a	GREEN	Not comparable	Not comparable	Not comparable		
84	% of individuals who achieved their desired outcomes from the adult safeguarding process	95.7	Apr-Jun 2019	Tracker	97.7	94.2		93.6*	2017/18	Yes
				N/a	AMBER	Not comparable		Not comparable		

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
85	% of service users receiving an assessment or review within the last 12 months	87.6	Apr-Jun 2019	Tracker	86.9					Yes
				N/a	GREEN					
86	Overall satisfaction of people who use services with their care and support	66.6	2017/18	Tracker	63.6	65.0	67.9	66.3*		No
				N/a	GREEN	GREEN	AMBER	GREEN		
87	Overall satisfaction of carers with the support and services they receive (Biennial survey)	51.2	2018/19	Tracker	43.3**	38.7	47.2	41.8*		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		
88	Daily delayed transfers of care beds, all, per 100,000 population age 18+	2.0	May 2019	Tracker	4.9	9.2	5.9	9.8*		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		
89	% of adult social care service users who report they have enough choice over the care and support services they receive	74.9	2017/18	Tracker	73.1	68.2	72.1	69.1*		No
				N/a	GREEN	GREEN	GREEN	GREEN		

*unitary authorities

** results from 2016/17 survey

Other additional relevant indicators

ALTOGETHER BETTER FOR CHILDREN AND YOUNG PEOPLE

1. Are children, young people and families in receipt of universal services appropriately supported?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
37	% of all school pupils eligible for and claiming Free School Meals (FSM)	20.8	Jan 2019	Tracker	19.4	15.4	21			Yes
				N/a	RED	RED	GREEN			
38	Under-18 conception rate per 1,000 girls aged 15 to 17	23.7	2017	Tracker	21.6	17.9	24.7			No
				N/a	RED	RED	GREEN			
39	% of five year old children free from dental decay	74.2	2016/17	Tracker	64.9	76.7	76.1			No
				N/a	GREEN	RED	AMBER			
40	Alcohol specific hospital admissions for under 18s (rate per 100,000)	53.1	2015/16-2017/18	Tracker	56.2	32.9	62.7			No
				N/a	GREEN	RED	GREEN			
41	Young people aged 10-24 admitted to hospital as a result of self-harm (rate per 100,000)	350.1	2017/18	Tracker	400.8	421.2	458.0			No
				N/a	GREEN	GREEN	GREEN			
42	% of children aged 4 to 5 years classified as overweight or obese	25.0	2017/18 (academic year)	Tracker	24.1	22.4	25.0			No
				N/a	AMBER	RED	GREEN			
43	% of children aged 10 to 11 years classified as overweight or obese	37.1	2017/18 (academic year)	Tracker	37.7	34.3	37.5			No
				N/a	GREEN	RED	GREEN			

ALTOGETHER SAFER

3. How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
98	% of successful completions of those in alcohol treatment	29.5	Nov 17-Oct 18 with rep to Apr 19	28	33.6	37.9	32.7			Yes
				GREEN	RED	RED	RED			
99	% of successful completions of those in drug treatment - opiates	5.3	Nov 17-Oct 18 with rep to Apr 19	6	6	6	4.6			Yes
				AMBER	AMBER	AMBER	GREEN			
100	% of successful completions of those in drug treatment - non-opiates	27.79	Nov 17-Oct 18 with rep to Apr 19	26.4	30.6	34.9	25.7			Yes
				GREEN	RED	RED	GREEN			